

# We Can Do It!



## YOUTH EXCHANGE

STORE HEDDINGE, DENMARK

08 - 16 FEBRUARY 2020



# WE CAN DO IT!

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## S U M M A R Y

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Even though we believe that we have achieved gender equality, if you ask many women how they live nowadays in Europe (and in the world) we will realize that we are far from living in an equal world. We are witnessing harassment of women every day, domestic violence, gender based discrimination is part of our daily lives, and many young women are raised in a patriarchal society where they are being told not to follow their dreams because they are women and they need to take care of their families!

This is why we wrote this project. We want to carry out this project to address these issues and use the chance to empower young women to fight for their dreams and pursue the education of their choice and the career of their choice. We would like to do this project to prove that **WE CAN DO IT!** We can bring the change in our lives and our communities. We can fight for gender equality and equity. We can stand against gender based discrimination.

The main **AIM** of this project is to raise awareness about women's rights, fight against gender based discrimination and use film as a tool to promote the use of storytelling and short films as tools for activism.





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## WHAT, WHERE, WHEN

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By attending this youth exchange the youth from the participating countries, through the use of different non formal education method we will firstly introduce the participants to the topics of women rights, and they will gain new skills about using film and storytelling as a way of activism which they could use in the future for their voices to be heard all over Europe.

The main outcome of the project will be short films, created by the participants, on the topics gender equality, woman rights, and woman empowerment in general.

**VENUE: Store Heddinge, Denmark**

**DATES: 08 - 16 February 2020**

**PARTICIPATING COUNTRIES:**

**Denmark, North Macedonia, Turkey, Czech Republic, Romania**





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## WHO CAN APPLY

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The project is open to participants from the partner countries: Denmark, North Macedonia, Turkey, Czech Republic and Romania.

Each of the partners should send 5 participants plus 1 leader.

The Danish and Macedonian team will have 2 leaders.

### **Leader's profile:**

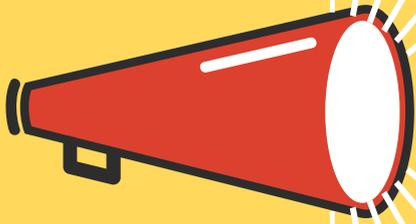
The age of the leaders should be over 18. The selected leader should have experience in leading youth exchanges and leading workshops, because on this youth exchange **all the leaders will be facilitators** and we will deliver the project together. We will do preparatory skype meetings with each selected leader.

### **Participant's profile:**

The age of the participants for the youth exchange should be from 18 until 29. The groups should be gender balanced - meaning 2 boys and 3 girls, or 3 girls and 2 boys in each group. The selected participants should be open to the topic and motivated to contribute. **2 participants from each group should have experience in recording films and working in some editing program.**

When you select the leaders and participants, please make sure they fill out the following form: <https://forms.gle/n2QZni6Wh14h3Xk27>

so we know the profile of participants and the dietary requirements of the participants.



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## PRACTICALITIES

### Accommodation:

The Project will take place 70 km south of Copenhagen, in Sigerslev in a very nice and modern scout center. [LINK](#) to the VENUE

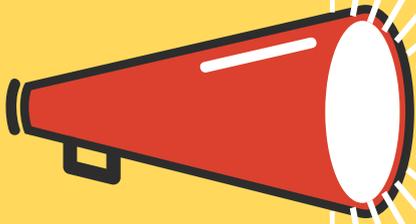
<https://www.sommerhusedanmark.dk/katalog/Danmark/Stevns%20Klint/034-R531>

Sigerslev - Sigerslevhus is a really nice location next to open fields, the sea side and beautiful nature around that we will have the chance to visit and enjoy during the project. The house is not far from Stevns Klint with UNESCO World Heritage Site, and Højerup Gl. Church. Close to the shopping town Store Heddinge with many small special shops and grocery stores. The Northern Europe's largest 8-edged church Skt. Katharina Church is located in Store Heddinge.

The size of the house is 783 m<sup>2</sup> and has 8 bedrooms, 4 bathrooms, 2 kitchens, football table and much more. The participants will be accommodated in mixed national rooms, with the same gender.

Please, keep in mind, that you will not be able to spend evenings in clubs and pubs in the town, which are far away from the venue.





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## TRAVEL

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Traveling to the Denmark would be recommended by plane from each country. The venue is 70 km from the capital of Denmark, Copenhagen.

How to find your flight tickets?

You must start looking for tickets to the closest airports to the venue. We recommend <https://www.kiwi.com/us/> as a good flight search website.

Airports in order of preference: Copenhagen or Malmo airport

- Open jaws tickets (arrival to a city and departure from another city) are to avoid if possible
- if possible, try to buy return tickets (not one way with one airline and the other way with another way) = less emails to send = less calculations to do
- Stop over itineraries (to spend a day or lots of hours in another city on the way) are to avoid
- Options will not be reimbursed: travel insurance, luggage insurance, discount club, seat selection, meals on board, flexibility option (possibility to change the date), fast track, on time guarantee
- Checked luggage per Group only will be accepted (20 or 23kg). If you don't need a checked luggage, do not buy it
- Multi-city tickets are to avoid

**Warning:** do not buy any tickets (flight, bus or train) before telling us the price (luggage included), city of departure, city of arrival, the airline/company and the dates of travel. And please wait for our answer. If we don't answer it doesn't mean that you can buy the tickets (wait for our answer). If you buy a flight ticket without an approval, you may not be reimbursed or be reimbursed partially (for example we will reimburse you only the cost of the cheapest flight)

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## REIMBURSEMENT

The organizers will reimburse your travel costs from your home city to Copenhagen, Denmark and back. Reimbursement of travel costs will only be done upon Full attendance in the project program and presentation of the original tickets. By Erasmus + the National Agency have the travel costs are calculated on the basis of the lump sum and depends on the distance.

Travel cost per participant:

Denmark	20 EUR
North Macedonia	275 EUR
Czech Republic	275 EUR
Turkey	275 EUR
Romania	275 EUR

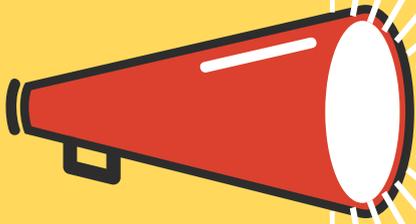


NOTE: Participants from Turkey have 40 Euros plus for Visa cost.

Any costs above the lump sum (flat rate) represents your own contribution. Your accommodation will be fully paid by the project budget. All participants are required to purchase health insurance. Reimbursement will be done by BANK after receiving all original travel document by post to the leader or organizational account in EURO.

Note: Transfers by Taxi will not be refunded





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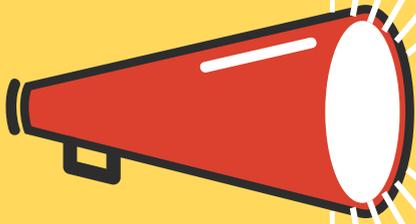
## WHAT TO BRING

Since we will be shooting and editing pictures during the project the participants will need to be prepared and have some equipment with them.

For creating an amazing project, we will need you to bring following things with you:

- Each national team needs to bring at least one laptop and at least one professional photo camera.
- Intercultural evening stuff: Intercultural evening is the chance to present your country in a special way – bring some special good – food and drinks from your country to make us nice company during the country presentation. Do not prepare any presentation because we will have a special game for you to play and present your country in a funky fresh way.
- Since it will still be winter make sure you bring warm clothes and jackets and also make sure you bring proper shoes and a rain coats in case of rain and snow. We will update you on the weather forecast as we get closer to the YE.
- Bring towels and toiletries necessary for your shower and personal hygiene.
- Because we are going to stay in a scout center, each participant will have to bring their own bed covers, sheets and a pillow case or a sleeping bag. The scout center has blankets and pillows.





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## CONTACTS

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FACILITATOR AND PROJECT COORDINATOR:

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If you have any questions do not hesitate to ask! We are looking forward to working with you on this project!